



Welcome to  
**ST. MARK'S CHURCH**

**THE FOURTH SUNDAY IN LENT**

**SUNDAY, MARCH 19, 2023**

**AT 8:00 & 10:00 A.M.**

+ --Appropriate place to make the "Sign of the cross"

BCP—The "Red" Book of Common Prayer

Hymnal—The "Red" Hymnal 1982

LEVAS—Music from Lift Every Voice and Sing Hymnal (Episcopal)

WLP—Music from Wonder, Love, and Praise Hymnal (Episcopal)

VF—Music from Voices Found Hymnal (Episcopal)

*Please silence your cell phone*

### NOTES ON TODAY'S READINGS

Welcome to St. Mark's Church on the Sunday of the Man Born Blind. This gospel reading has been used since early days of the church to help those preparing for baptism understand the process of enlightenment they are going through. In this story, the blind man progresses from the restoration of his physical sight to a deeper enlightenment about God until he is able to recognize Jesus as his Redeemer. The first reading takes us to the point in the history of salvation when David is chosen by God as king. As is so often the case with the outstanding heroes of the faith, God's choice is not apparent to those who evaluate by human standards. David's anointing is an image of our own baptism in which God chose us and set us apart not for our own merits but because God loves us. The second reading describes how those who have been baptized and now live in the light will carry on their lives. The final verse may be an ancient Christian baptismal hymn. We, like the man born blind, are now awake and filled with the Light from Light through our baptism. As we continue in our Lenten pilgrimage toward Easter, enlightened by God's Word and nourished by the sacraments, we find ourselves in the company of a great family of believers. Let us continue to pray for those preparing to be enlightened and anointed in baptism by the Holy Spirit at Easter.

Prelude

# GOD'S PEOPLE GATHER TOGETHER

Processional Hymn

*How wondrous and great thy works*

Hymnal 533

1 How won - drous and great thy works, God of praise!  
2 To na - tions of earth thy light shall be shown;

How just, King of saints, and true are thy ways!  
their wor - ship and vows shall come to thy throne:

O who shall not fear thee, and hon - or thy Name?  
thy truth and thy judg - ments shall spread all a - broad,

Thou on - ly art ho - ly, thou on - ly su - preme.  
till earth's ev - ery peo - ple con - fess thee their God.

# The Penitential Order

*Celebrant* + Bless the Lord who forgives all our sins.  
*People* *His mercy endures forever.*

*The people kneel as they are able.*

## The Decalogue

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

*Amen. Lord have mercy.*

You shall not make for yourself any idol.

*Amen. Lord have mercy.*

You shall not invoke with malice the Name of the Lord your God.

*Amen. Lord have mercy.*

Remember the Sabbath day and keep it holy.

*Amen. Lord have mercy.*

Honor your father and your mother.

*Amen. Lord have mercy.*

You shall not commit murder.

*Amen. Lord have mercy.*

You shall not commit adultery.

*Amen. Lord have mercy.*

You shall not steal.

*Amen. Lord have mercy.*

You shall not be a false witness.

*Amen. Lord have mercy.*

You shall not covet anything that belongs to your neighbor.

*Amen. Lord have mercy.*

Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. *Hebrews 4:14,16*

## The Confession

*The Celebrant then says*

Let us confess our sins against God and our neighbor. *Silence may be kept.*

### *Minister and People*

*Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

## The Absolution

*The Priest, stands and says*

Almighty God have mercy on you, + forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## Kyrie at 8:00 a.m.

Lord, have mercy upon us.  
*Christ, have mercy upon us.*  
Lord have mercy upon us.

## Kyrie

*Mass of Communion*

Matt Maher, Tam Le, Ike Ndolo

Gently ♩ = 74  $\frac{3}{4}$

Kyrie, E le ison. Lord, have mer cy.

Christe, E le ison. Christ, have mer cy. Kyrie, E

le ison. Lord, have mer cy. Lord, have mer cy.

## Collect for the Fourth Sunday in Lent

*Celebrant*     The Lord be with you.

*People*        *And also with you.*

*Celebrant*     Together, let us pray.

*Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.*

*The people sit.*

## The Word of God

### First Reading

*1 Samuel 16:1-13*

A reading from the Book of the Prophet Samuel.

The LORD said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the LORD said, "Take a heifer with you, and say, 'I have come to sacrifice to the LORD.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the LORD." But the LORD said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the LORD chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the LORD chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The LORD has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came mightily upon David from that day forward. Samuel then set out and went to Ramah.

*Reader*        The Word of the Lord.

*People*        *Thanks be to God.*

**Psalm 23** *Dominus regit me (Pray together in unison)*

*The LORD is my shepherd; I shall not want.*

*He maketh me to lie down in green pastures;  
he leadeth me beside the still waters.*

*He restoreth my soul; he leadeth me in the paths of righteousness for his Name's sake.*

*Yea, though I walk through the valley of the shadow of death,*

*I will fear no evil; for thou art with me;*

*thy rod and thy staff, they comfort me.*

*Thou preparest a table before me in the presence of mine enemies;*

*thou anointest my head with oil; my cup runneth over.*

*Surely goodness and mercy shall follow me all the days of my life,*

*and I will dwell in the house of the LORD for ever.*

**The Epistle**

*Ephesians 5:8-14*

A Reading from Paul's letter to the church in Ephesus.

Once you were darkness, but now in the Lord you are light. Live as children of light – for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, "Sleeper, awake! Rise from the dead, and Christ will shine on you."

*Reader*            *The Word of the Lord.*

*People*            *Thanks be to God.*

*The people stand as they are able.*

**Sequence Hymn**

*Amazing grace (Sung to the tune: House of the rising sun)*

1. **Amazing grace! how sweet the sound,  
that saved a wretch like me!**

**I once was lost but now am found,  
was blind but now I see.**

2. **'Twas grace that taught my heart to  
fear,**

**and grace my fears relieved;  
how precious did that grace appear  
the hour I first believed!**

3. **The Lord has promised good to me,  
his word my hope secures;  
he will my shield and portion be  
as long as life endures.**

4. **Through many dangers, toils, and  
snares,**

**I have already come;  
'tis grace that brought me safe thus far,  
and grace will lead me home.**

5. **When we've been there ten thousand  
years,  
bright shining as the sun,  
we've no less days to sing God's praise  
than when we'd first begun.**

## The Gospel

John 9:1-41

Reader           The Holy Gospel of our Lord Jesus Christ according to John.  
People           *Glory to you, Lord Christ.*

As Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know." They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet." The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him." So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out. Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he

worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

*Reader*        The Gospel of the Lord.  
*People*        *Praise to you, Lord Christ.*

### **The Sermon – Guest Preacher, Stephen Hunt**

*+ May the words of my mouth and the meditations of all our hearts be always acceptable in your sight, O Lord, our strength and our Redeemer. Amen.*

*The people sit. After the Sermon, the people stand as they are able.*

### **The Nicene Creed**

*We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for + the resurrection of the dead, and the life of the world to come. Amen.*

### **Prayers of the People**

*Celebrant*

God of wholeness and light, you have called us and made us children of light, hear us as we pray for all of your creation saying, *Hear our prayer.*



*Lay Eucharistic Minister*

For the Church: that we may work the works of God while it is day, bringing your light and hope to the world, we pray to you, O God. *Hear our prayer.*

For this parish family, that our Lenten observances may wake us from sleep and fill us with light to bring forth all that is good and right and true, we pray to you, O God. *Hear our prayer.*

For all in positions of leadership, that they may have the foresight to act with charity and true concern for the well-being of those they are meant to serve, we pray to you, O God. *Hear our prayer.*

For all who are bound by the blindness of prejudice, that God will free them from judging others and open their eyes to the value and dignity of every human person, we pray to you, O God. *Hear our prayer.*

For all who are lonely, anxious or afraid, and for those in need of our prayers, especially remembering the people of Ukraine and those on our prayer list. *(The people may add petitions for any need or concern.)* We pray that their hearts and souls may be revived by the Lord who is their Shepherd, we pray to you, O God. *Hear our prayer.*

For all those who have died, *(The people may add petitions for those they wish to remember.)* May they dwell in the house of the Lord forever, we pray to you, O God. *Hear our prayer.*

We thank you, Lord for all the blessings of this life. *(The People may add their own thanksgivings.)* We give thanks this week for Beatrice Tunney, George Kast, Theodore Canty, Brian Smith and Suellen Tunney who are celebrating their birthdays.

### **For a Birthday**

*O God, our times are in your hand: Look with favor, we pray, on Beatrice, George, Theodore, Brian and Suellen as they begin another year. Grant that they will grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.*

The Lenten plants on the Altar are given to the Glory of God by Suellen & Kevin Tunney in Celebration of Beatrice's 13<sup>th</sup> Birthday and by Barbara Pettus in loving memory of her father, John Wyper.

In the communion of Mary, the Mother of Jesus, St. Joseph, and all the saints, let us commend ourselves, and one another, to Christ our God. *To you, O Lord our God.*

*All: God of Light, hear our prayers and bring us to a new vision of your glory; strengthen us with the power of your healing love and knit us together in the communion of your compassion and grace. All this we pray in the name of Jesus Christ who is our life and our hope. Amen.*

### **The Peace**

*Celebrant*      The peace of the Lord be always with you.  
*People*          *And also with you.*

## Offertory Sentence

I appeal to you, sisters and brothers, by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. *Amen.* *Romans 12:1*

## Offertory Hymn

*The King of love my shepherd is*

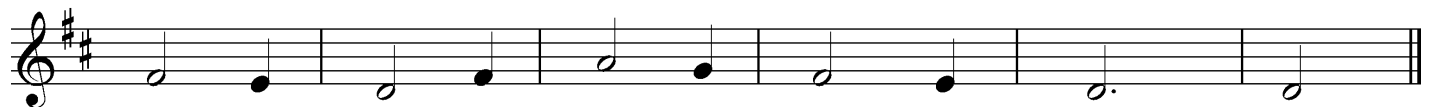
Hymnal 645



1 The King of love my shep-herd is, whose good-ness  
2 Where streams of liv-ing wa-ter flow, my ran-somed  
\* 3 Per-verse and fool-ish oft I strayed, but yet in  
\* 4 In death's dark vale I fear no ill with thee, dear  
5 Thou spread'st a ta-ble in my sight; thy unc-tion  
6 And so through all the length of days thy good-ness



1 fail-eth nev-er; I noth-ing lack if  
2 soul he lead-eth, and where the ver-dant  
3 love he sought me, and on his shoul-der  
4 Lord, be-side me; thy rod and staff my  
5 grace be-stow-eth; and oh, what trans-port  
6 fail-eth nev-er: Good Shep-herd, may I



1 I am his, and he is mine for ev-er.  
2 pas-tures grow, with food ce-les-tial feed-eth.  
3 gent-ly laid, and home, re-joic-ing, brought me.  
4 com-fort still, thy cross be-fore to guide me.  
5 of de-light from thy pure chal-ice flow-eth!  
6 sing thy praise with-in thy house for ev-er.

## The Presentation of Gifts

(At 8:00 a.m.)

*All things come of thee, O Lord; and of thine own have we given thee, Amen.*

\*6 Praise and hon - or to the Fa - ther, praise and hon - or to the

6 Son, praise and hon - or to the Spi - rit, ev - er

6 Three and ev - er One: one in might and one in

6 glo - ry while e - ter - nal a - ges run.

## The Holy Communion

### The Great Thanksgiving (*Eucharistic Prayer C*)

*Celebrant* The Lord be with you.

*People* *And also with you.*

*Celebrant* Lift up your hearts.

*People* *We lift them to the Lord.*

*Celebrant* Let us give thanks to the Lord our God.

*People* *It is right to give him thanks and praise.*

*Celebrant*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

*Glory to you for ever and ever.*

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

*By your will they were created and have their being.*

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

*Have mercy, Lord, for we are sinners in your sight.*

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

*By his blood, he reconciled us. By his wounds, we are healed.*

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

### Sanctus

(At 8:00 a.m.)

*Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory.*

*Hosanna in the highest.*

+ *Blessed is he who comes in the name of the Lord.*

*Hosanna in the highest.*

(At 10:00 a.m.)

Mass of Communion

**Holy, Holy, Holy** 

Matt Maher, Tam Le, Ike Ndolo

Ho - ly, Ho - ly, Ho - ly Lord God of Hosts...

5 Heaven and earth are full of your glo - ry. Ho - san - na in the high - est...

9 Blessed is He who comes in the name of the Lord. Ho - san - na in the high

12 est. Ho - san - na in the high est.

*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
*We celebrate his death and resurrection, as we await the day of his coming.*

Lord God of our Fathers and Mothers: God of Abraham and Sarah, Isaac and Rebecca, Jacob, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

*Risen Lord, be known to us in the breaking of the Bread.*

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.



*The people remain standing*

### **The Lord's Prayer**

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

*Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

### **The Breaking of the Bread – Agnus Dei**

*(At 8:00 a.m.)*

Lamb of God, you take away the sins of the world:

*have mercy on us.*

Lamb of God, you take away the sins of the world:

*have mercy on us.*

Lamb of God, you take away the sins of the world:

*grant us peace.*

(At 10:00 a.m.)

*Mass of Communion*

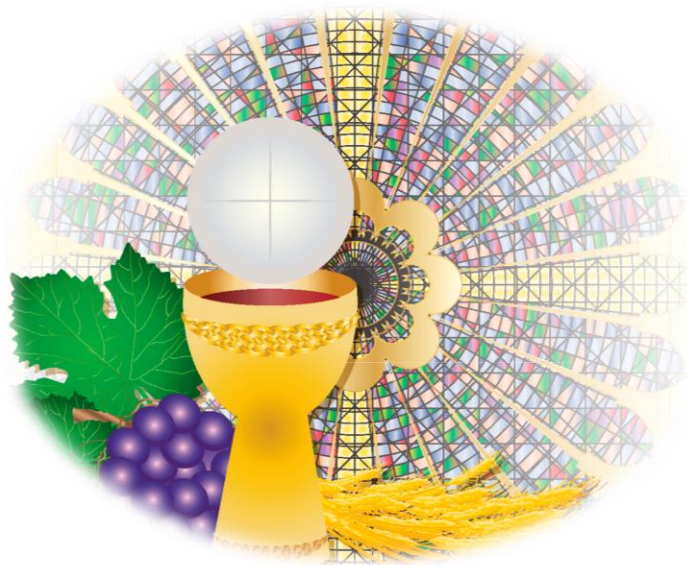
**Lamb of God**

Matt Maher, Tam Le, Ike Ndolo

Lamb of God, you take a way the  
sins of the world, mi-se-re-re no-bis. Lamb of God, you take a way the  
sins of the world, mi-se-re-re no-bis. Lamb of God, you take a way the  
sins of the world, do-na no-bis pa-cem na no-bis pa-cem.

*Celebrant* Behold the Lamb of God, behold him who takes away the sins of the world. *Amen.*

**Communion Norms**--We welcome our guests this morning. All are welcome at the Lord's table. You may stand or kneel (whichever you prefer). You are invited to eat the wafer and then drink from the cup. We regret that you are not permitted to intinct (dip the wafer) at this time. The people respond after receiving the bread or the wine by saying "Amen." If you prefer not to receive the cup, please cross your arms over your chest. If you do not want to receive communion, you are still welcome to come forward, cross your arms over your chest, and receive a blessing from the priest.



1. Have thine own way, Lord! Have thine own way! \_\_\_\_\_  
 2. Have thine own way, Lord! Have thine own way! \_\_\_\_\_  
 3. Have thine own way, Lord! Have thine own way! \_\_\_\_\_  
 4. Have thine own way, Lord! Have thine own way! \_\_\_\_\_

1. Thou art the pot - ter, I am the clay! \_\_\_\_\_  
 2. Search me and try me, Mas - ter, to - day! \_\_\_\_\_  
 3. Wound - ed and wea - ry, Help me, I pray! \_\_\_\_\_  
 4. Hold o'er my be - ing Ab - so - lute sway! \_\_\_\_\_

1. Mold me and make me Aft - er thy will, \_\_\_\_\_  
 2. Pur - er than snow, Lord, Wash me just now, \_\_\_\_\_  
 3. Pow - er all pow - er Sure - ly is thine! \_\_\_\_\_  
 4. Fill with thy Spir - it 'Til all shall see \_\_\_\_\_

1. While I am wait - ing, Yield - ed and still. \_\_\_\_\_  
 2. As in thy pres - ence Hum - bly I bow. \_\_\_\_\_  
 3. Touch me and heal me, Sav - ior di - vine! \_\_\_\_\_  
 4. Christ on - ly, al - ways, Liv - ing in me! \_\_\_\_\_

## The Post Communion Prayer for the Fourth Sunday in Lent (*Church of England*)

*Celebrant* Let us pray.

*Celebrant and People*

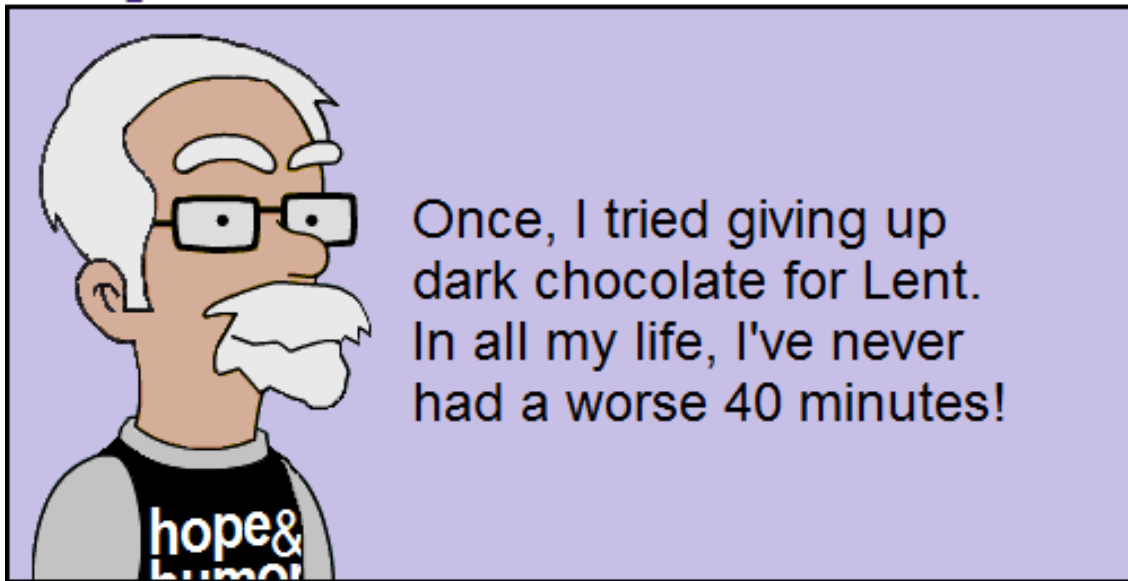
*God of truth, we have seen with our eyes and touched with our hands the bread of life: strengthen our faith that we may grow in love for you and for each other; through Jesus Christ our Lord. Amen.*

## The Blessing for the Fourth Sunday in Lent

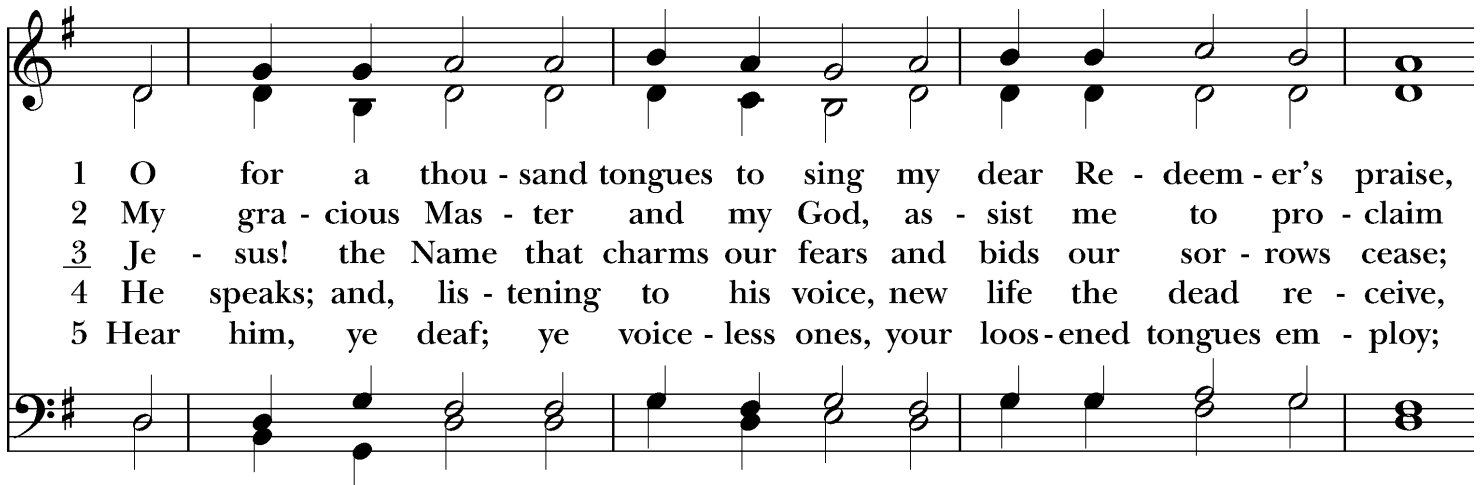
Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord; and the blessing of God Almighty, + the Father, the Son, and the Holy Spirit, be upon you, and remain with you always. *Amen.*

## The Announcements

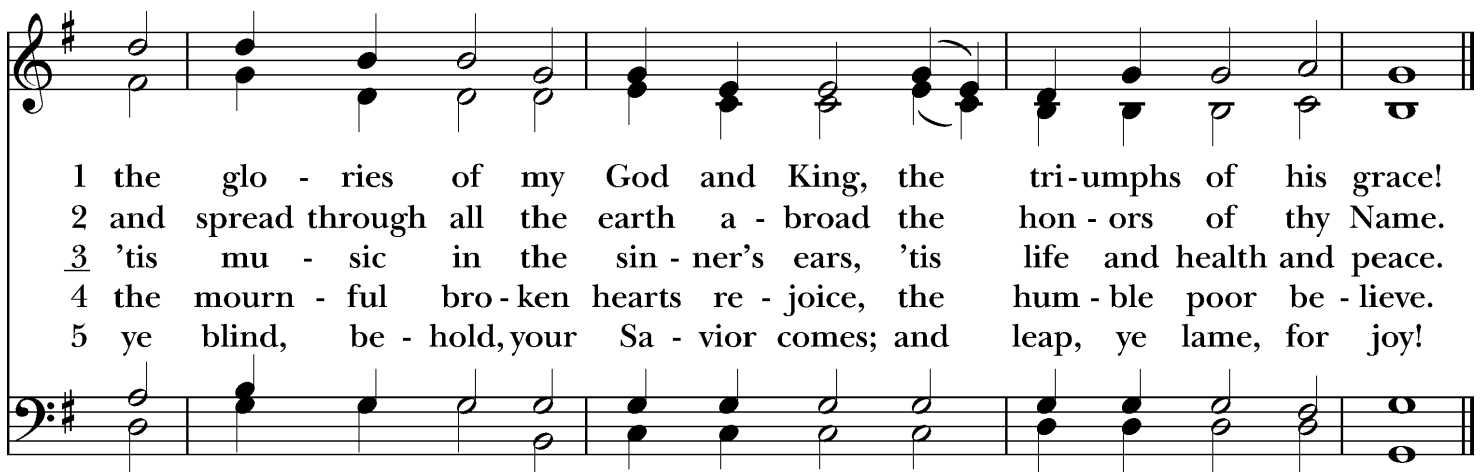
**hope&humor** jameswatkins.com







1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,  
 2 My gra - cious Mas - ter and my God, as - sist me to pro - claim  
 3 Je - sus! the Name that charms our fears and bids our sor - rows cease;  
 4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,  
 5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;



1 the glo - ries of my God and King, the tri - umphs of his grace!  
 2 and spread through all the earth a - broad the hon - ors of thy Name.  
 3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.  
 4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.  
 5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love  
 be now and ever given  
 by saints below and saints above,  
 the Church in earth and heaven.

### The Dismissal

*Celebrant* Go in peace to love and serve the Lord.  
*People* Thanks be to God.

### Postlude



**March 19, 2022 – Lent 4 (A)**

**Week 4: Life Transformed – The Way of Love in Lent**

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) or by scanning the QR code to the right.



#### **Week 4**

##### **Sunday, March 19**

*Today's Practice:* Watch the Rev. Dr. Hillary Raining's video at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) for Week 4. The topic is based on the practice "Bless" and is titled, "A New Heart and a New Spirit".

*Read:* Ezekiel 36:24-28

##### **Monday, March 20**

*Today's Prompt:* What challenges are you facing today?

*Read:* "And you will have confidence, because there is hope; you will be protected and take your rest in safety." - Job 11:18

##### **Tuesday, March 21**

*Today's Prompt:* Where do you find joy and passion?

*Read:* "They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'" - Luke 24:32

##### **Wednesday, March 22**

*Today's Prompt:* What can you say "no" to so you can say "yes" to prayer, rest and joy?

*Read:* "Six days shall work be done; but the seventh day is a sabbath of complete rest, a holy convocation; you shall do no work: it is a sabbath to the Lord throughout your settlements." - Lev. 23:3

##### **Thursday, March 23**

*Today's Prompt:* Practice *lectio divina* with this scripture.

*Read:* Luke 15:17-24

##### **Friday, March 24**

*Today's Prompt:* Create a prayer representing how you seek to serve God and follow Jesus.

*Read:* "No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house." - Matt. 5:15

##### **Saturday, March 25**

*Today's Prompt:* How do others experience the love of Christ through you?

*Read:* "By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things." - Gal. 5:22-23

*Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission.*

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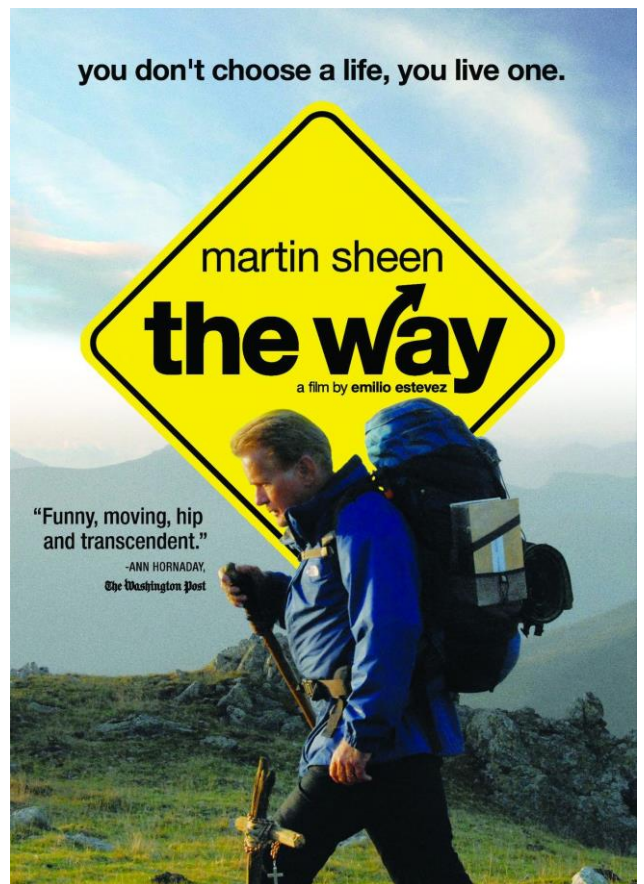
# Lenten Soup & Cinema

Join us each Wednesday during Lent  
For a simple soup supper, great movies,  
And inspiring conversations.

**Wednesday 22, 2023 at 6:30 p.m.**

**St. Mark's Parish Hall**

"The Way" is a powerful and inspirational story about family, friends and the challenges we face while navigating this ever-changing and complicated world. [Martin Sheen](#) plays Tom, an American doctor who comes to St. Jean Pied de Port, France to collect the remains of his adult son (played by [Emilio Estevez](#)), killed in the Pyrenees in a storm while walking the Camino de Santiago, also known as The Way of Saint James. Rather than return home, Tom decides to embark on the historical pilgrimage to honor his son's desire to finish the journey. What Tom doesn't plan on is the profound impact the journey will have on him and his "California Bubble Life". Inexperienced as a trekker, Tom soon discovers that he will not be alone on this journey. On his journey, Tom meets other pilgrims from around the world, each with their own issues and looking for greater meaning in their lives: a Dutchman ([Yorick van Wageningen](#)), a Canadian ([Deborah Kara Unger](#)) and an Irish writer ([James Nesbitt](#)), who is suffering from a bout of writer's block. From the unexpected and, often times, amusing experiences along the way, this unlikely quartet of misfits creates an everlasting bond and Tom begins to learn what it means to be a citizen of the world again. Through Tom's unresolved relationship with his son, he discovers the difference between "the life we live and the life we choose".



## THE WEEK AT A GLANCE

**Monday** (03/20) **Parish Office Closed**  
**Tuesday** (03/21) 6:30 p.m. Vestry Meeting  
**Wednesday** (03/22) 6:30 p.m. Lenten Soup and Salad/Movie in the Parish Hall  
**Thursday** (03/23) 10:00 a.m. Lenten Book Study: The Passion Play & Video in the Rector's Office  
11:00 a.m. Holy Eucharist with Prayers for Healing in Rector's Office  
5:30 p.m. Choir Practice in the Church  
6:10 p.m. Meditative Music  
6:30 p.m. Way of the Cross Service  
**Saturday** (03/25) 10:00 - 2:00 p.m. Winter Market in the Parish Hall  
**Sunday** (03/26) 8:00 a.m. Holy Eucharist in the Church  
9:00 a.m. Coffee Hour in the Parish Hall  
9:15 a.m. Choir Practice in the Church  
10:00 a.m. Holy Eucharist in the Church  
**NO Sunday School**  
11:00 a.m. Coffee Hour in the Parish Hall

### Serving Today, Sunday, March 19, 2023 at 8:00 AM

**LEM** Virginia Gilmore  
**Lector** Tom Simson  
**Usher** Pete Williams  
**Altar Guild** Virginia Gilmore, Diane Stewart

### Serving Today, Sunday, March 19, 2023 at 10:00 AM

**LEM** Madeline Glover  
**Lector** Barbara Pettus  
**Ushers** Eric Christensen, Tim Feil  
**Altar Guild** Catharine Nobiletti, Lee Wadelton

**Congratulations on the Birthdays of** Beatrice Tunney, George Kast, Theodore Canty, Brian Smith, Suellen Tunney.

**The plants on the Altar are given in the Glory of God by** Suellen & Kevin Tunney in Celebration of Beatrice's 13<sup>th</sup> Birthday and by Barbara Pettus in loving memory of her father, John Wyper.

**For those serving in the Armed Forces:** Amanda E. Degener, Kyle M. Degener, George L. Degener, Jesse Fritz, NicholasLoRusso, Joshua Rudd, and Michael Keegan.

**We ask that you remember those for whom prayers are requested:** **Deana Chiusano** (Req. by Jinny Gilmore), **Randall Conradi** (req. by Carol Smith) **Darrie Cosban** (Req. by Jinny Gilmore) **Nancy Fraser** (Req. by Ki Nobeletti), **Roberta Good** (Diane Stewart's Sister), **Anthony Graviano** (Jeannine Graviano's Father), **Barbara Ireton** (Req. by Carol Smith), **Cathy Jones** (Farmers Market), **Stephen Jones** (requested by Kate Gabrielsen), **Gretchen & Jim Jubinski** (Fr. Chris' Parents), **Cheryl Grove** (Friend of Marj Kulesa), **Cole LoRusso** (Marj Kulesa's Nephew), **Fred Meyer** (Parishioner), **Jock McLean** (Parishioner), **Sean McLean** (req. by Jock McLean), **The Reverend Abigail Murphy** (Priest in EDLI), **Jeanette Navas** (Req. by Jinny Gilmore), **Sudie Nostrand** (Carol John's Sister), **Paul Oele** (Parishioner), **Cassie Panzarino** (Req. by Jinny Gilmore), **Joan Petrella** (Parishioner), **Rosemary Rees** (Victoria Garcia's Sister), **Betty-Rose & Stuart Richardson** (Req. by Victoria Garcia), **Jean Scopinich** (Parishioner), **John Stewart** (Parishioner), and **Sarah Witters** (Req. by Victoria Garcia).

**If there are any names that can be removed, kindly contact Kate in the church office 631-288-2111.**

## THE ANNOUNCEMENTS

If you are a new parishioner, we would most appreciate your filling out our Parish Survey. There are blanks at the back of the church for your convenience. Completed forms can be returned to the church office. Thank you.

Wednesdays in Lent - 6:30 pm, Soup & Salad Fellowship with a movie in the Parish Hall - If you are planning to attend, please contact Kate in the church office - [631-288-2111/kate.gabrielsen@stmarkswhb.org](mailto:631-288-2111/kate.gabrielsen@stmarkswhb.org) so we can have a head count.

Thursdays in Lent-The Passion Play: Living the Story of Christ's Last Days. This is a book/video study is based on the Passion Play in Oberammergau Germany. New, used, and Kindle editions can be purchased on Amazon. **We meet at 10:00 a.m. on Thursday, March 23, and 30. Scholarship are available.**

Way of the Cross - Thursdays in Lent: 6:10 p.m. Meditative Music and 6:30 p.m. Service until March 30<sup>th</sup>.

Easter Plant Requests - Request forms to purchase Easter plants in memory of loved ones or in Thanksgiving for a person or event can be found in the narthex and on the table outside of the Parish Hall. They are \$20 each and will fill the church during our Easter service. **The deadline for submitting requests is Sunday, March 26<sup>th</sup>.**

The Offering Envelopes for 2023 are in the Narthex. Please pick yours up on your way out. If you are no longer using envelopes, please contact Kate in the church office. Thank you.

Coffee Hour - Hosts/hostesses are needed to volunteer for Coffee Hour following the 8 & 10 am services. There is a sign-up sheet for March & April outside of the Parish Hall. Whatever assistance you can offer will be most appreciated. Help is needed for Sunday, March 26<sup>th</sup> at both services along with April 2, 16, 23 and 30<sup>th</sup>. Thank you to those who have already volunteered.

Mid-Week Services on Thursdays at 11:00 a.m. Holy Eucharist with Prayers for Healing in the Rector's office. **No 5p.m. service during Lent.**

Choir Practice is on **Thursday at 5:30 PM in the church.** The only requirement is the desire to make a joyful noise. For further information contact Stephen Hunt at [stephenhuntmusic@gmail.com](mailto:stephenhuntmusic@gmail.com).

We Need Your Help on Sunday Mornings as a Lay Eucharistic Minister or Acolyte. Please contact John Kern at [John@jkernlaw.com](mailto:John@jkernlaw.com).

Altar Plants: If you would like to dedicate Altar flowers for the Altar in April contact Laura Bott at 631-722-4749 or email her at [laura.bott17@gmail.com](mailto:laura.bott17@gmail.com). There are two vases available for April 16<sup>th</sup> and one for the 23<sup>rd</sup>. Each vase is \$40.

Ways to Help the People of Ukraine... When the donated non-perishable items were delivered to the Ukrainian Church in Riverhead we were told that what they need right now are bandages, pain killers, burn care products and **new winter clothing**. A complete list is posted on the bulletin board next to the church office. Please help us collect as much of these necessary items as we can. There is a box for them in the narthex. You can also visit our website at [www.stmarkswhb.org](http://www.stmarkswhb.org) for ways to help.

Maureen's Haven: "Thank you" for donations to Maureen's Haven. A box for donations, along with a list of suggested items such as individual containers of non-perishable food, is in the office lobby.

### UPCOMING EVENTS

- o **March - April 2023: Winter Market in the Parish Hall 10:00 AM - 2:00 PM.**

Sunday, March 12      8:00 AM: 18  
10:00 AM 44 (plus 52 households prayed with us online.)  
Total: 62

3/15 Soup and Salad with Movie: 11  
3/16 Lenten Book/Video Study: 7  
3/17 11:00 AM Midweek Service: 6  
3/17 Way of the Cross: 9

# ST. MARK'S EPISCOPAL CHURCH

*A Parish in the Episcopal Diocese of Long Island*

40 Main Street  
P.O. Box 887  
Westhampton Beach, New York 11978  
Phone: 631.288.2111  
www.stmarkswhb.org

## Weekend Services

Holy Eucharist at 8:00 a.m. and 10:00 a.m.  
*Both services are followed by Coffee Hour*

## Thursday Services

11:00 a.m.—Holy Eucharist with Prayers for Healing  
5:00 p.m.—Holy Eucharist, Evening Prayer, or Compline

## Office Hours

Tuesday—Friday from 9:00 a.m. to 2:00 p.m.

The Rt. Rev. Lawrence Provenzano—*Bishop of Long Island*  
The Rt. Rev. Geralyn Wolf—*Assisting Bishop*  
The Rt. Rev. William Franklin—*Assisting Bishop*  
The Rt. Rev. Daniel Allotey—*Assisting Bishop*  
The Rev. Christopher D. Jubinski—*Rector*  
Email: [chris.jubinski@stmarkswhb.org](mailto:chris.jubinski@stmarkswhb.org) Cell: 410.253.3664

Stephen Hunt—*Director of Music*  
Kate Gabrielsen—*Parish Administrator*  
Chris Adams—*Facilities Manager*  
Dawn Orban—*Director of St. Mark's Bright Beginnings Preschool*  
Diane Stewart—*Warden*  
Sandy Wyman—*Warden*

## *Vestry Members:*

Steve DeCaro, Diane Feil, Madeline Glover,  
Tom Hadlock, Tom Horan,  
Marjorie Kulesa, Ashley Lueck,  
Barbara Pettus and Steve Turner.

Thomas Simson—*Treasurer*  
Carol Fitton—*Clerk of the Vestry*