



SAINT MARK'S EPISCOPAL CHURCH

ALION'S SHARE

SEPTEMBER 13, 2025

Ministry of Service at the Lord's Table

Altar Guild



Many thanks to our parish Altar Guild who met on Saturday, September 13th. (Pictured from l to r) Laura Bott, Norma-Jeanne Okula, Edir Hofmann, Marcia Palmer, Ki Nobiletti (Altar Guild Directress), Susan Hawkins, Victoria Garcia, and Fr. Chris. Several other members are not pictured and we definitely appreciate their dedication to the Lord's table.

Welcome Back Sunday

September 14, 2025

Please join us for the start of a
new program year!

9:15 a.m. Faith Formation for Children and Youth

9:30 a.m. Holy Eucharist

10:45 a.m. BBQ Picnic Coffee Hour

Compline

Contemplative prayers for
The end of the day

Saint Mark's
Episcopal Church

Thursdays at 8pm via zoom

<https://us02web.zoom.us/j/5697969237>

Meeting ID: 569 796 9237

One tap mobile

+16468769923,,5697969237# US (New York)

TIMELINE



Bishop Provenzano Announces Resignation

DECEMBER 2024

Bishop Provenzano announces his intention to retire in September 2026.

JOC Calls for Committee Applications

MARCH - APRIL 2025

JOC requested applications for Search and Transition Committees. Application review and selection.

Search and Transition Committees Active

MAY - JUNE 2025

Beginning with a shared retreat, the committees are hard at work on communication, data collection, and profile creation plans.

Diocesan Profile Published, Application Opens

FALL 2025

A snapshot of our Diocese is available for potential applicants. Nomination and application period opens.

Slate Announced, Petition Period Opens

WINTER 2026

JOC announces slate of candidates. Petition process begins.

Electing Convention

SPRING 2026

Ninth Bishop elected at a special convention.

Joint Oversight Committee Active

JANUARY - FEBRUARY 2025

Members of the Standing Committee and Diocesan Council appointed to Joint Oversight Committee (JOC). JOC meets with the Presiding Bishop and Consultants for the process.

Announcement of Search and Transition Committees

MAY 2025

Committees and Co-Chairs announced to Diocese.

Listening Sessions and Survey Conducted

JULY - SEPT 2025

Your chance to make your voice heard! Survey link and listening session info will be available soon.

Application Period Ends, Discernment Begins

FALL 2025

Applicants are screened and interviewed by the search committee.

Meet and Greets with Candidates

SPRING 2026

Your opportunity to hear directly from the candidates through in-person events across the Diocese.

Ordination of Ninth Bishop

SEPTEMBER 2026

The Diocese gathers for the ordination of the Ninth Bishop of Long Island.



Fall Festival

Main Street, Westhampton Beach

Saturday - October 11th

(Rain Date Sunday - October 12th)

11:00 AM to 5:00PM



Call for Vendors

For more information email - info@whbcc.org

or visit our website at

www.westhamptonchamber.org





BULLETIN INSERTS

September 14, 2025 – Pentecost 14 (C) **The Nicene Creed: Week 1**

To commemorate the 1700th anniversary of the Council of Nicaea, the Rt. Rev. Matthew Gunter, bishop of Wisconsin, has written a series of reflections on the Nicene Creed and its relevance for contemporary Episcopalians. Over the coming weeks, we'll share his teachings, written mostly in a question-and-answer format.

"The Nicene Creed [is] the sufficient statement of the Christian faith."
— 'Chicago-Lambeth Quadrilateral' (1979 Book of Common Prayer, p. 877)

"In our canons, the formal definition of "doctrine" is "the church's teaching as set forth in the Creeds and in An Outline of the Faith, commonly called the Catechism."
— The Episcopal Church Canon III.10.4.c.2

"Doctrine shall mean the basic and essential teachings of the Church and is to be found in the Canon of Holy Scripture as understood in the Apostles and Nicene Creeds and in the sacramental rites, the Ordinal and Catechism of the Book of Common Prayer."
— The Episcopal Church Canon IV.2

2025 is the 1700th anniversary of the Council of Nicaea, which established the Nicene Creed as the symbol and measure of the Church's faith.

The life, death, and resurrection of Jesus had left his followers struggling to understand and articulate what had happened and its meaning. Paul and the other authors of what became the New Testament pointed the way. Those writings contained creed-like statements, e.g., 1 Corinthians 15:1-8. But even that needed interpretation. How could they make sense of the things Jesus had done and the things Jesus had said about humanity, God – and himself?

The Gospels and the other writings accepted as scripture, inspired by the Holy Spirit, include language that identifies Jesus with the God of Israel, including things He said Himself. His followers were convinced that his death and resurrection had reconfigured everything, bringing salvation from sin, death, and decay with the promise of a hitherto unimagined transformation of human persons and the world. Finding language to express that in ways that enabled people to experience that salvation and transformation was important. Was Jesus some sort of divine being sent by God at the mysterious heart of all reality? Was he something more?

They had the scriptures, they had the church's language of prayer and worship, and they had the baptismal formulae that were already the seeds of a creed and which believers were expected to affirm. With all of that, theologians of the church struggled for decades – centuries – to make sense of and find a satisfactory way to articulate who he was and why he mattered. Some ways of articulating that were deemed unsatisfactory, misguided, or even dangerous. This struggle and the debates it provoked became more public and more intense once Christianity was declared legal by the Edict of Milan in 313.

Things came to a head with a priest in the city of Alexandria named Arius, who taught that, while Jesus was in some sense divine, he was still a divine creature of God. The God behind it all could not be apprehended and would surely not deign to be identified with the messy, chaotic material world by taking on mortal flesh. But his bishop, Alexander, preached otherwise – that Jesus was indeed the incarnation of that very God. Arius condemned his bishop's teaching. In response, the bishop disciplined and exiled Arius. But this set up an intense controversy. The Council of Nicaea was called by the Roman Emperor Constantine to address disputes about how to understand the person of Jesus and, thus, God, creation, humanity, and salvation.

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The Council of Nicaea forbade kneeling during the Sunday Eucharist

(RNS) — In the United States, Catholics kneel during the Eucharistic prayer while Catholics in the rest of the world stand. Many European churches, especially the older ones, do not even have kneelers.

After the Second Vatican Council, the [General Instruction of the Roman Missal](#) (GIRM #43) mandated standing during the Eucharistic prayer, but the U.S. bishops asked for an exception. In the United States, we kneel “except when prevented on occasion by reasons of health, lack of space, the large number of people present, or some other good reason.”



The bishops believed that American Catholics would be scandalized if they were asked to stand during the Eucharistic prayer. The Vatican granted the U.S. an exception to the universal rule.

While most people see standing as an innovation coming from Vatican II, in fact, kneelers became common in Catholic churches only in the last 200 years. Standing was the traditional practice. East-

The Lord’s Day is, of course, Sunday, the day of the resurrection. The “days of Pentecost” refers to what today we call the Easter season, the days between Easter and Pentecost.

The Eucharist, the most important prayer of the church on the Lord’s Day, would be covered by this canon. The council did not refer to weekday Masses because they were not common at that time.

Standing while praying was the common practice in ancient times. Jews prayed standing in the temple and in synagogues. Pagans also prayed standing. One stands when worshipping God, when thanking God or when petitioning God.

Standing was seen as a mark of respect and honor. Today, even in non-religious situations, we stand as a sign of respect for judges and other officials.

Kneeling was seen as a sign of penance rather than respect. In the third century, [Tertullian](#) wrote, “We count fasting or kneeling in worship on the Lord’s Day to be unlawful.”

The Eucharist is not an act of penance; therefore, one should stand. It might be appropriate to kneel during Lent, but not on Sunday or during the Easter season when Christians joyfully celebrate the resurrection.

For early Christians, standing was a sign of freedom and Easter joy, because we stand with the risen Lord.

[Irenæus](#), the second-century martyr and bishop of Lyons, explicitly equates not kneeling on Sundays and Pentecost as a symbol of the resurrection. In the fourth century, [St. Basil](#) said that when we stand on Sunday, the day of the resurrection, “we remind ourselves of the grace given to us by standing at prayer, not only because we rose with Christ, and are bound to ‘seek those things which are above,’ but because the day seems to us to be in some sense an image of the age which we expect.”

Kneeling as a sign of respect or devotion only came later. Catholics began kneeling at Mass in the 12th century at the time that the elevation of the consecrated host was introduced.

By this time, the common people did not understand the Latin prayers, and Communion had become less common. The Eucharist became more like Benediction, a time to adore Jesus in the sacrament. During Benediction, worshippers kneel.

Today, GIRM calls for Catholics to stand during the Eucharist except during the institutional narrative (aka consecration), when they are to kneel. If they do not kneel, they should bow when the priest genuflects after each consecration. Kneeling or bowing during the consecration is a compromise. It shows respect to Jesus in the Eucharist but still maintains the ancient practice of standing when praying to God. The Eucharist, after all, is a prayer with Jesus to the Father, not a prayer to Jesus.

The [GIRM](#), first published in 1969 and revised in 2002, calls on the congregation to take the same postures during Mass as a “sign of unity.” We should all stand, kneel and sit in unison. GIRM states that postures should not be based on “private inclination or arbitrary choice.”

The Eucharist is a community experience, not a private devotion where you can do what you want. This might also apply to those who insist on kneeling when receiving Communion. While one may feel called to kneel out of piety, one’s personal preferences must be restrained in a common liturgical celebration, otherwise the “sign of unity” is fractured.

The 1,700th anniversary of the Council of Nicaea is an appropriate time for the U.S. church to reconsider its deviation from the general practice of standing during the Eucharistic prayer.

Each diocesan bishop could do this on his own if he wants, since even in the United States, standing is allowed for a “good reason.” Good reasons would include the desire to be in unity with the universal church or the desire of his people to stand.

This is a topic that each bishop should discuss with his priests’ council. If there is a consensus in favor of standing, he could make that the practice in his diocese. If there are disagreements, he could allow each pastor to decide what is best for his parish.

Some U.S. parishes have decided to stand for their own good reasons, either with the permission of the bishop or with the bishop simply ignoring the practice.

At Mass on Sundays, we recite what the Council of Nicaea said about the faith. We should also listen to what it said about standing.

PLEASE NOTE

Anglicans (Episcopalians) and Roman Catholics share a common liturgical tradition. The principles outlined in this article hold true for us also. The Sunday Holy Eucharist is meant to allow us to participate in the joy and celebration of Easter all year long. Our standing is a physical symbol of Jesus’ resurrection. Our tradition, however, is broad enough to still allow for a wide variety of individual practices such as kneeling. —*Father Chris*



Many thanks to Geri & Sandy Wyman for hosting the Men's Breakfast Group last Saturday. We had 16 men in attendance! Fr. Chris (the ghostly apparition in the back) is updating the men on current news at Saint Mark's. Thanks also to Tom Hadlock for keeping our group together!



Fall Community Yoga Classes

Join yoga instructor Samantha Heckert in an 8 week yoga series designed to stretch, strengthen, and invigorate your body. Appropriate for beginners and longtime practitioners alike, the goal is to find confidence and ease in your individual practice. You will learn to work with any injuries or sensitivities you may have, go at a pace that feels right for you, and find peace and appreciation for what your body can do.

**Fridays, September 26th - November 21st
(excluding October 31st)**

10:00 am

Saint Mark's Episcopal Church

\$15 Single Class

or

\$100 Full Eight Week Series

Payable by Cash or Check day of class or Venmo @Samantha-Heckert-2 to pay in advance.

Email Sheckertyoga@gmail.com with any questions.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 12 Pentecost (Proper 17C) 9:30am Holy Eucharist 10:30am Coffee Hour	1 <i>David Pendleton Oakerhater, Deacon, 1931</i> Labor Day Parish Office Closed	2 Parish Office Closed <i>The Martyrs of New Guinea, 1942</i>	3 <i>[Phoebe, Deacon]</i> 7:30 Alateen in the Parish Hall 7:30pm Alanon	4 <i>Paul Jones, Bishop, 1941</i> 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 8:00pm Compline Zoom	5 <i>[Katharina Zell, Church Reformer and Writer, 1562]</i> 10:00am Yoga	6 <i>Hannah More, Religious Writer and Philanthropist, 1833</i> Parish Hall Event 9:00am Men's Breakfast 5:00pm Holy Eucharist with Prayers for Healing and Anointing
7 13 Pentecost (Proper 18C) 9:30am Holy Eucharist 10:30am Coffee Hour	8 <i>[The Nativity of the Blessed Virgin Mary]</i> Parish Office Closed	9 <i>Constance, Thecla, Ruth, Frances, Charles Parsons, and Louis Schuyler, Martyrs, 1878</i> 10:30am Westhampton Women's Group	10 7:30 Alateen in the Parish Hall <i>Alexander Crummell Priest, 1898</i> 12:30pm Staff Meeting Fr. Chris & Rossana Davis 7:30pm Alanon	11  Patriot Day 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 8:00pm Compline Zoom	12 <i>John Henry Hobart, Bishop of New York, 1830</i> 10:00am Yoga	13 <i>Cyprian of Carthage, Bishop and Martyr, 258</i> 5:00pm Holy Eucharist
14 14 Pentecost (Proper 19C) Holy Cross Day WELCOME BACK SUNDAY 9:15am Sunday School 9:30am Holy Eucharist 10:30am BBQ Picnic Coffee Hour	15 <i>[Catherine of Genoa, Mystic and Nurse, 1510]</i> Parish Office Closed	16 <i>Ninian, Bishop, c.430</i> 6:30pm Vestry Meeting	17 7:30 Alateen in the Parish Hall <i>Hildegard of Bingen, Mystic and Scholar, 1179</i> 12:30pm Staff Meeting 7:30pm Alanon	18 <i>Edward Bouverie Pusey, Priest, 1882</i> 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 8:00pm Compline Zoom	19 <i>Theodore of Tarsus, Archbishop of Canterbury, 690</i> 10:00am Yoga	20 <i>John Coleridge Patteson, Bishop, and his Companions, Martyrs, 1871</i> 5:00pm Holy Eucharist
21 15 Pentecost (Proper 20C) 9:15am Sunday School 9:30am Holy Eucharist 10:30am Coffee Hour	22 First Day of Autumn Parish Office Closed <i>Philander Chase, Bishop, 1852 and [Episcopal Deaconesses]</i>	23 <i>[Thecla of Iconium Proto-Martyr Among Women, c.70]</i>	24 <i>[Anna Ellison Butler Alexander, Deaconess and Teacher, 1947]</i> 7:30 Alateen in the Parish Hall 12:30pm Staff Meeting Fr. Chris & Rosanna Davis 7:30pm Alanon	25 <i>Sergius of Radonezh, Monastic, Moscow, 1392</i> 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 8:00pm Compline Zoom	26 <i>Lancelot Andrewes, Bishop, 1626</i> 10:00am Yoga	27 <i>[Euphrosyne/Smaragdus of Alexandria, Monastic, fifth century]</i> 5:00pm Holy Eucharist
28 16 Pentecost (Proper 21C) 9:30am Holy Eucharist 10:30am Coffee Hour	29 Parish Office Closed St. Michael and All Angels	30 <i>Jerome, Priest, and Monk of Bethlehem, 420</i>	1 7:30 Alateen in the Parish Hall <i>Remigius of Rheims, Bishop, c.530 or [Thérèse of Lisieux, Monastic, 1897]</i> 12:30pm Staff Meeting 7:30pm Alanon	2 <i>Remigius of Rheims, Bishop, c.530</i> 10:00am Bible Study 11:00am Holy Eucharist with Prayers for Healing 8:00pm Compline Zoom	3 <i>[John Raleigh Mott, Ecumenist and Missionary, 1955]</i> 10:00am Yoga	4  <i>St. Francis</i> <i>Francis of Assisi, Friar, 1226</i> 9:30am Saint Francis Day Blessing of the Pets 10:00am Early Voting 12:30pm Ladies Luncheon 5:00pm Holy Eucharist with Prayers for Healing & Anointing

AQION'S SHARE

The Weekly Newsletter of
Saint Mark's Church
A Parish in the Episcopal
Diocese of Long Island

ST. MARK'S CHURCH

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OFFICE HOURS

Tuesday to Friday
9:00 a.m. to 2:00 p.m.

WEEKEND SERVICES

Sat. 5:00 p.m.—Holy Eucharist
Sun. 9:30 a.m.—Holy Eucharist
(Livestreamed)

THURSDAY SERVICES

11:00 a.m.—Holy Eucharist with
Prayers for Healing



SCAN ME

The Rt. Rev. Lawrence Provenzano
Bishop of Long Island

The Rt. Rev. GERALYN WOLF
Assisting Bishop of Long Island
The Rt. Rev. Daniel Allotey
Assisting Bishop of Long Island
The Rt. Rev. William Franklin
Assisting Bishop of Long Island

The Rev. Christopher D. Jubinski
Rector
Email:

chris.jubinski@stmarkswhb.org

Cell: 410.253.3664



THE WEEK AT A GLANCE

Monday, 09/15	CHURCH OFFICE CLOSED
Tuesday, 09/16	6:30 p.m. Vestry Meeting via Zoom
Wednesday, 09/17	12:00 p.m. Peconic Deanery Clergy Meeting at Saint Mark's 7:30 p.m. Alanon Meeting - Atwater Room 7:30 p.m. Alateen Meeting – Parish Hall
Thursday, 09/18	10:00 a.m. Bible Study – Atwater Room 11:00 a.m. Mid-Week Healing Service – Fr. Chris' Office 12:30 p.m. The Threshold Singers – Atwater Room 12:30 p.m. Staff Meeting Fr. Chris' office 8:00 p.m. Compline via zoom
Saturday, 09/20	5:00 p.m. Holy Eucharist in the Columbarium—"Come as you are!"
Sunday, 09/21	9:15 a.m. Sunday School 9:30 a.m. Holy Eucharist in the Church

<u>Services</u>	<u>In Person</u>	<u>On-Line</u>
09/06 5:00 p.m.	20	
09/07 9:30 a.m.	<u>36</u>	Service was not streamed
	TOTAL 56	
09/06 – Men's Group Luncheon	16	
09/11 – Bible Study	11	
09/11 – Mid-Week Service	8	
09/11—Compline via zoom	3	

SATURDAY 5:00 p.m. Participants

LEM/Lector	Carol Jubinski
Usher	Steve Turner
Altar Guild	Edie Hofmann, Karen Love

SUNDAY 9:30 a.m. Participants

LEM	Suellen Tunney
Lector	Dave Gardner
Ushers	Steve DeCaro, Kevin Tunney
Altar Guild	Edie Hofmann, Karen Love
Welcome Back BBQ Picnic	

SEPTEMBER BIRTHDAYS

Tony Catanzaro	09/02
Elizabeth Johnson	09/07
Tom Horan	09/13
Delilah Tunney	09/15
Campbell Kast	09/18
Scott Johnson	09/27
Elizabeth Plate	09/29

SEPTEMBER ANNIVERSARIES

Timothy & Diane Feil	09/03
Sandy & Geri Wyman	09/09
John & Pamela Kern	09/12
Stephen & Meagan Sherwood	09/25
Anthony & Betty Ann Catanzaro	09/26

Please Pray for Your Parish Every Day at 12:00 Noon. And, remember the People of the Middle East, Armenia, Ukraine, Haiti, Syria, and the United States of America too!



Welcome Back to the start of a new program year!

ANNOUNCEMENTS

CHAIR AND CO-CHAIR NEEDED FOR SUNDAY COFFEE HOUR – Diane Stewart would like to step down from being in charge of the Sunday Coffee Hour planning. Two volunteers are needed. Please give her a call if you are interested. 631-653-4531/grandma3stewart@gmail.com.

WEEKLY COMPLINE ON THURSDAYS – I invite you to come together in the spirit of prayer each Thursday evening at 8:00 p.m. for Compline. This service takes about 10 minutes to pray and is perfect way to unwind for the evening. The zoom link is: <https://us02web.zoom.us/j/5697969237> Meeting ID: 569 796 9237 or via telephone: +16468769923,,5697969237# US (New York)

"SAINT MARK'S HISTORY" – This will be the last weekend the albums with the history of Saint Mark's will be on display. They are located in the hallway on the way to the parish hall.

CURRENT AND FUTURE PHOTOS – If anyone has photos from the 100th Anniversary and Confirmation please contact Marj Kulesa. She can be reached at 631-730-5506 or marjkulesa@aol.com. She is planning to put together an album to commemorate this occasion. Also, photos that are taken at any of our events will be most appreciated.....kindly contact Marj or Fr. Chris.

PLEASE NOTE: The current anniversaries and birthdays are listed in this insert each week. Kindly check it over to be sure your information is correct or if you are not listed contact Kate in the church office.

PASTORAL CARE – Please notify me if you are sick or in the hospital so that I can pray for you and visit to bring you Holy Communion. Some people hesitate to call me because they think they are inconveniencing me. Not true! I am here for you and your spiritual care. My cell is 410.253.3664 – Chris +

INSTANT CHURCH DIRECTORY – Please download this great tool on your apple or android device and have up to the minute access of our parish directory.

ALTAR FLOWERS – If you would like to dedicate flowers for the Altar please contact Laura Bott at 631-722-4749 or email her at Laura.bott17@gmail.com. In September there is one vase available on the 21st. and the 28th and in October there are two vases available on the 19th and 26th. Each vase is \$40. Please remember to contact Laura if you sign up in the book.

UPCOMING EVENTS:

- **Friday, September 26**, Yoga continues at 10:00 a.m. in the Parish Hall
- **Saturday, October 4**, Saint Francis Day Blessing of the Pets at 9:30 a.m. in the churchyard.
- **Sat., Oct. 25 to Sun., Nov. 2**, Early Voting in the Parish Hall. Times vary by day.

PRAYER LIST

Dick Anderson (Req. by Edie Hofmann), **Ridgie Barnett** (Parishioner), **Amanda Cacoperdo** (Req. by Tim Feil), **Candace F. Cerretani** (Req. by Deana Chiusano (Req. by Jinny Gilmore), **Julia Cloppse** (Req. by Jenn Kast), **Abby Connett** (Req. by Nancy Connett), **George Degener** (Req. by Fr. Chris), **Victoria DiRocco** (Fr. Chris & Carol's daughter), **Owen Foster** (Diane & John Stewart's grandson), **Nancy Fraser** (Req. by Ki Nobiletti), **Fred Rees Garcia** (son of Victoria Garcia), **Karen Giles** (Parishioner), **Roberta Good** (Diane Stewart's Sister), **Elaine Hanes** (Req. by Kate Gabrielsen), **Barbara Ireton** (Req. by Carol Smith), **Debra Wolgemuth Jarashow**, (Req. by Elizabeth Wolgemuth), **Gretchen & Jim Jubinski** (Fr. Chris' Parents), **Karen** (Req. by Catharine Nobiletti), **Cole LoRusso** (Marj Kulesa's Nephew), **Bob Love** (Req. by Fr. Chris), **John & Anita Martinelli** (Req. by Jinny Gilmore), **Earl Meyers** (Req. by Jinny Gilmore), **Carol Marin**, (Req. by Jinny Gilmore), **Austin Mooney**, (Laura Bott's brother), **Irene Monahan**, (req. by Laura Bott), **Paul Oele** (Parishioner), **Jesse O'Neil** (Req. by Jenn Kast), **Cassie Panzarino** (Req. by Jinny Gilmore), **Rosemary Rees**, (Victoria Garcia's sister), **Kenneth Reeves** (husband of Louise Reeves), **Louise Reeves** (Parishioner), **Martin Sarocky** (Req. by Jenn Kast), **Tom Simson** (Parishioner), **Allison Skinner** (Parishioner), **Jamie Thom** (Req. by Jennifer Kast), **Sarah Witters** (Req. by Victoria Garcia.).

If there are any names that can be removed, kindly contact Kate in the church office 631-288-2111.

We pray for those serving in the Armed Forces: Amanda E. Degener, Kyle M. Degener, George L. Degener, Jesse Fritz, Cameron Garcia, Nicholas LoRusso, Joshua Rudd, Rob Scribner, James Mercready and Midshipman 4th Class Luke



JOIN THE MOVEMENT. SUPPORT RECOVERY.

Join us this September to celebrate connection, support recovery, and strengthen our community—because recovery is for everyone, and it starts with all of us.

EASY WAYS TO PARTICIPATE



DISPLAY PURPLE FLOWERS

Add purple flowers to tabletops, counters, or window displays.



FEATURE A “RECOVERY SPECIAL”

Rename a menu item or special in honor of Recovery Month.



INCORPORATE PURPLE LIGHTING

Swap out an exterior or interior light bulb for a purple one.



PURPLE RIBBONS FOR STAFF

Hand out small purple ribbon pins for staff to wear. We can supply!



BRING A MESSAGE OF HOPE TO YOUR TABLES

HUGS has created meaningful, family-friendly activity placemats that promote connection and support recovery—all while giving your guests something engaging and thoughtful at their tables. We'll print and deliver the placemats directly to your business — **no cost, no hassle.**

Recovery is for Everyone

Every Person, Every Family, Every Community.

WHY IT MATTERS - HOW YOU CAN HELP

As we approach National Recovery Month this September, we're joining communities nationwide in celebrating the 2025 theme: "Recovery is for Everyone—Every Person, Every Family, Every Community."

At our agency, we believe prevention, treatment, and recovery are all part of one shared goal: building stronger, healthier communities. These efforts are connected by common protective factors—like human connection, mental wellness, and supportive families—that help prevent substance use and support long-term recovery.

That's why we're launching simple, meaningful initiatives that anyone can support. **We're inviting you to be part of something that truly makes a difference.** Your support—whether through sharing our message, partnering on an initiative, or simply helping us spread the word—helps strengthen the protective factors that keep individuals, families, and our entire community resilient.

Together, we can create a culture of connection, compassion, and hope—because recovery is real, and it belongs to all of us.

Rites of Passage

SEPTEMBER BIRTHDAYS

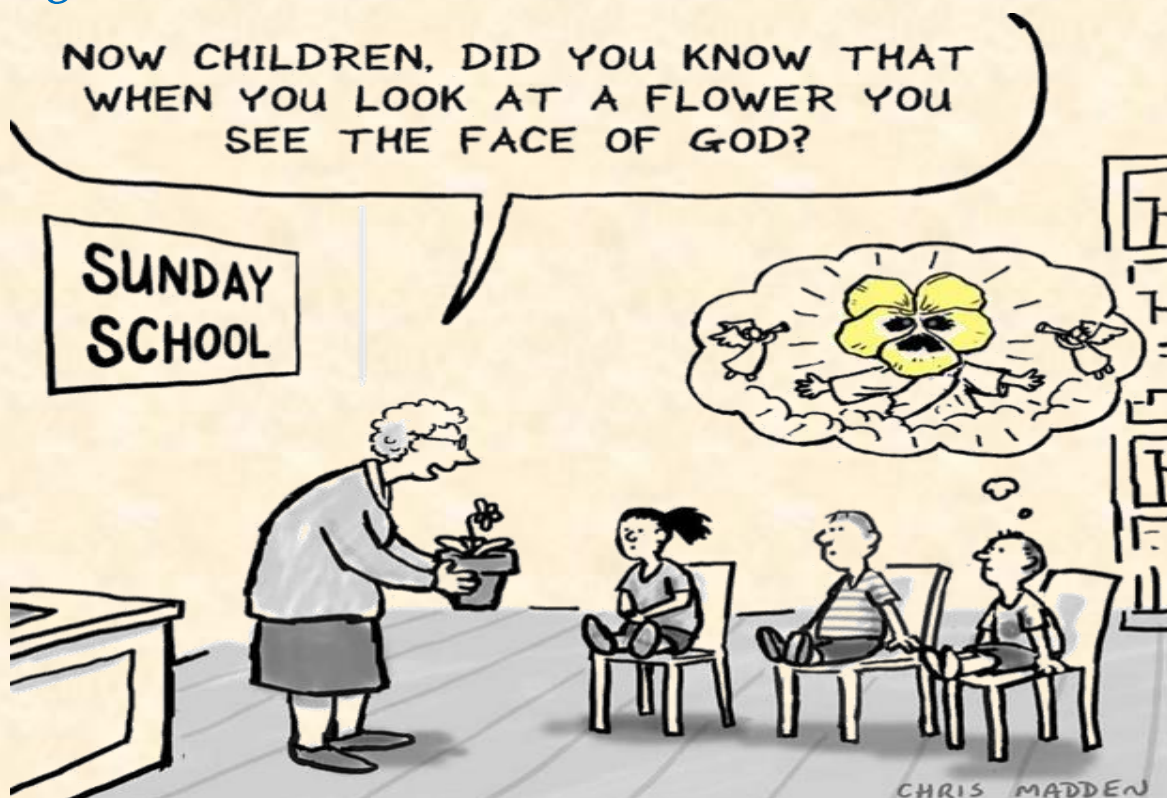
02 Tony Catanzaro
07 Elizabeth Johnson
13 Tom Horan
15 Delilah Tunney
18 Campbell Kast
27 Scott Johnson
29 Elizabeth Plate

SEPTEMBER ANNIVERSARIES

03 Timothy & Diane Feil
09/03
09 Sandy & Geri Wyman
12 John & Pamela Kern
25 Stephen & Meagan Sherwood
26 Anthony & Betty Ann Catanzaro



On the Lighter Side...



Parish Office
40 Main Street
P.O. Box 887, WHB, NY 11978
Office Phone: 631.288.2111



Parish Office Hours
T—F 9:00 a.m. to 2:00 p.m.
kate.gabrielsen@stmarkswhb.org
Kate Gabrielsen, Parish Administrator