



Welcome to
SAINT MARK'S

The Third Sunday in Lent, Year B

March 3, 2024 at 8:00 & 10:00 AM

✠ --*Appropriate place to make the "Sign of the cross"*

BCP—*The "Black" Book of Common Prayer*

Hymnal—*The "Red" Hymnal 1982*

LEVAS—*Music from Lift Every Voice and Sing Hymnal
(Episcopal)*

WLP—*Music from Wonder, Love, and Praise Hymnal (Episcopal)*

VF—*Music from Voices Found Hymnal (Episcopal)*

Please silence your cell phone

Welcome to St. Mark's Church. The ultimate saving action of God, in the dying and rising of Jesus, was preceded by a series of salvation events in the history of Israel. Today, in that series of events, we reach the most important of the Old Testament actions of God, the time of the Exodus when Israel is definitively established as the chosen people and God makes the Covenant with the people at Mount Sinai. God's salvation of Israel requires a response by the people which is described in the Decalogue (Ten Commandments). Note that the grounds for these commandments is stated at the beginning, "I am the Lord your God, who brought you out of the land of Egypt, out of the house of bondage." In the second reading, Paul speaks of the true wisdom which brings salvation. Rather than human wisdom, God places before us what seems to be foolish, the crucifixion of Jesus. In the dying and rising of Jesus, God showed that the divine power is greater than any human power or wisdom. The Gospel reading is John's account of Jesus cleansing the Temple. That event may be taken as an image of Christ cleansing us from sin in Baptism. We are the continuation of the ancient people of God who were saved in the Exodus and given the Commandments. In the dying and rising of Jesus, salvation has been extended to all people. Through Baptism, we have become part of Jesus' Body and have died and are being raised with him. We use this time of Lent to recall all that God is doing for us in Jesus, and to prepare for the renewal of our redemption at Easter.

Prelude

God's People Gather Together

Processional Hymn

I Have Brought You Out of Egypt
NETTLETON 8.7.8.7 D ("Come, Thou Fount of Every Blessing")

1. *"I have brought you out of Egypt," Moses heard the Lord God say.
"I have saved you! I have freed you! people, listen and obey.
Have no other gods before me; don't make idols for yourselves.
I will judge those who reject me; worship me and no one else."*
2. *"Do not use the Lord's name wrongly, use God's name for what is good.
Keep the Sabbath; keep it holy; rest and worship as you should.
Honor father, honor mother; do not murder! Honor life!
Do not wander to another from your husband or your wife."*
3. *God continued these commandments: "Do not steal another's things;
And you shall not bear false witness — see the anguish that it brings.
Do not seek with bitter longing what you see across the street.
Keep these laws and find within them where my love and justice meet."*
4. *God of grace, we see your promise in the covenant you give.
For your law is wise and wondrous as it shows us how to live.
Loving God and loving neighbor, may we follow where you call.
Saved by grace, may we together seek to live your gracious law.*

Biblical Reference: Exodus 20:1-17 Tune: John Wyeth's Repository of Sacred Music, 1813 ("Come, Thou Fount of Every Blessing") (MIDI)
Alternate tune: BEACH SPRING, The Sacred Harp, 1844; attributed to Benjamin Franklin White; harmony (c) 2017 Christopher Gage ("God Whose Giving
Knows No Ending") Text: Copyright © 2012 by Carolyn Winfrey Gillette. All rights reserved.

The Penitential Order

Celebrant || Bless the Lord who forgives all our sins.
People *His mercy endures for ever. Amen.*

The people kneel as they are able.

The Decalogue

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.
Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

The Celebrant then says

Let us confess our sins against God and our neighbor. *Silence may be kept.*

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest, stands and says

Almighty God have mercy on you, + forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Kyrie at 8:00 a.m.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord have mercy upon us.

Kyrie

Mass of Communion

Matt Maher, Tam Le, Ike Ndolo

Gently ♩ = 74 $\frac{3}{4}$

Kyrie, E le ison. Lord, have mer cy.

Christe, E le ison. Christ, have mer cy. Kyrie, E

le ison. Lord, have mer cy. Lord, have mer cy.

The Collect for the Third Sunday in Lent

(BCP p. 218)

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Together, let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The people sit.

The Word of God

First Reading

Exodus 20:1-17

A reading from the book of Exodus.

Then God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader: The Word of the Lord.

People Thanks be to God.

Psalm 19 *Caeli enarrant*

¹ The heavens declare the glory of God, *
and the firmament shows his handiwork.

² One day tells its tale to another, *
and one night imparts knowledge to another.

³ Although they have no words or language, *
and their voices are not heard,

⁴ Their sound has gone out into all lands, *
and their message to the ends of the world.

⁵ In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

⁶ It goes forth from the uttermost edge of the heavens and runs about to the end of it again; *
nothing is hidden from its burning heat.

- ⁷ The law of the LORD is perfect and revives the soul; *
the testimony of the LORD is sure and gives wisdom to the innocent.
- ⁸ The statutes of the LORD are just and rejoice the heart; *
the commandment of the LORD is clear and gives light to the eyes.
- ⁹ The fear of the LORD is clean and endures for ever; *
the judgments of the LORD are true and righteous altogether.
- ¹⁰ More to be desired are they than gold, more than much fine gold, *
sweeter far than honey, than honey in the comb.
- ¹¹ By them also is your servant enlightened, *
and in keeping them there is great reward.
- ¹² Who can tell how often he offends? *
cleanse me from my secret faults.
- ¹³ Above all, keep your servant from presumptuous sins; let them not get dominion over me; *
then shall I be whole and sound, and innocent of a great offense.
- ¹⁴ Let the words of my mouth and the meditation of my heart be acceptable in your sight, *
O LORD, my strength and my redeemer.

The Epistle

1 Corinthians 1:18-25

A reading from the first letter of Paul to the church of Corinth.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

Reader: The Word of the Lord.

People **Thanks be to God.**

The people stand as they are able.

Sequence Hymn

Kind Maker of the world

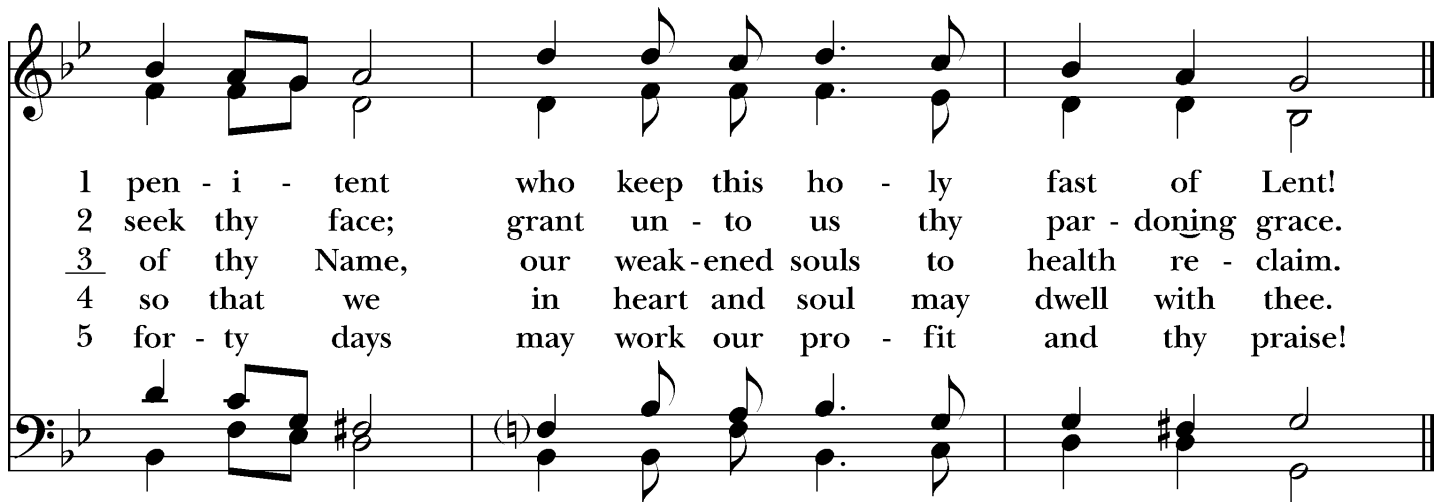
Hymnal 152



1 Kind Ma - ker of the world, O hear the fer - vent
 2 Each heart is man - i - fest to thee; thou know - est
 3 Spare us, O Lord, who now con - fess our sins and
 4 Give us the dis - ci - pline that springs from ab - sti -
 5 Grant, O thou bless - ed Trin - i - ty; grant, O un -



1 prayer, with man - ya tear poured forth by all the
 2 our in - fir - mi - ty; now we re - pent, and
 3 all our wick - ed - ness, and, for the glo - ry
 4 nence in out - ward things with in - ward fast - ing,
 5 chang - ing Un - i - ty; that this our fast of



1 pen - i - tent who keep this ho - ly fast of Lent!
 2 seek thy face; grant un - to us thy par - doning grace.
 3 of thy Name, our weak - ened souls to health re - claim.
 4 so that we in heart and soul may dwell with thee.
 5 for - ty days may work our pro - fit and thy praise!

The Gospel

John 2:13-22

Reader The Holy Gospel of our Lord Jesus Christ according to John
People **Glory to you, Lord Christ.**



The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Reader The Gospel of the Lord.
People **Praise to you, Lord Christ.**

The Sermon

‡ *May the words of my mouth and the meditations of all our hearts be always acceptable in your sight, O Lord, our strength and our Redeemer. Amen.*

The people sit. After the Sermon, the people stand as they are able.

The Affirmation of Faith – The Nicene Creed

(BCP p. 358)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for † the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Celebrant

Gathered in God's house, let us offer our prayers to God who embraces us with steadfast love, saying, *for your mercy is great.*

For the Church, and especially for Justin, the Archbishop of Canterbury, Michael our Presiding Bishop, Lawrence, Geralyn, Daniel, and William our bishops, and for Chris our priest. We pray that we may faithfully proclaim Christ crucified and lead others into the mystery of God's love. Hear us, O God, *for your mercy is great.*

For this parish family, that in this Lenten time we may grow in our awareness of our dignity as temples of the Holy Spirit. Hear us, O God, *for your mercy is great.*

For an end to violence and injustice, that God will heal the brokenness in our society that devalues human life and inspire leaders to work toward protecting the innocent and vulnerable from harm. Hear us O God, *for your mercy is great.*

For a deepening of prayer in our lives, that we may find ways to make room for God and deepen our dedication to the word Jesus has spoken. Hear us O God, *for your mercy is great.*

For those recovering from winter storms, the homeless, the hungry and the unemployed, that they may see the power of God in the hands of those who come to their aid. Hear us, O God, *for your mercy is great.*

For all who are in need of our prayers, remembering especially Gaza, Israel, Armenia, Ukraine, and those who are on our prayer list. *(The people may add petitions for any need or concern.)* We pray that they find strength in the arms of Christ embracing them from the cross. Hear us, O God, *for your mercy is great.*

For those who have died. *(The people may add petitions for those they wish to name.)* We pray that they may be raised up from death to eternal joy with Christ. Hear us O God, *for your mercy is great.*

We thank you, Lord for all the blessings of this life. (*The People may add their own thanksgivings.*) We also give thanks this week for John Plate', Hugh Devin Lueck, Jacqueline Fritz, Nathaniel Reece, and Carol Jubinski who are celebrating their birthdays and for Kurt & Edie Hofmann who are celebrating the anniversary of their wedding.

For a Birthday

O God, our times are in your hand: Look with favor, we pray, on John, Hugh, Jacqueline, Nathaniel and Carol as they begin another year. Grant that they will grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen.

For the Anniversary of a Marriage

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send your blessing upon Kurt & Edie that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their lives together may be a witness to your love and forgiveness, and that their home may be a haven of blessing and peace; through Jesus Christ our Lord. Amen.

The Lenten plants on the Altar are given to the Glory of God by Diane & Tim Feil in honor of her mother, Susan Brevoort's birthday and by Carol Johns in loving memory of her mother, Dorothy Moore Nostrand.

Lifting our voices with all creation, with Mary the Mother of Jesus, and all the saints, let us offer ourselves and one another to the living God through Christ. *To you, O Lord our God.*

All: Holy is your Name, O God. Incline our hearts to keep your commandments and hear the prayers we offer this day. In this Lenten time, may we open ourselves to the gift of your Spirit and become living temples of your love. Glory to you for ever and ever. Amen.

The Peace

Celebrant The peace of the Lord be always with you.

People *And also with you.*

Offertory Sentence

I appeal to you, sisters and brothers, by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. *Amen.* Romans 12:1

Offertory Hymn

Praise to the Holiest in the height

Hymnal 445

1 Praise to the Ho - liest in the height, and in the
 2 O lov - ing wis - dom of our God! When all was
 3 O wis - est love! that flesh and blood, which did in
 4 and that the high - est gift of grace should flesh and
 5 Praise to the Ho - liest in the height, and in the

1 depth be praise; in all his words most
 2 sin and shame, a sec - ond Ad - am
 3 Ad - am fail, should strive a - fresh a -
 4 blood re - fine: God's pres - ence and his
 5 depth be praise; in all his words most

1 won - der - ful, most sure in all his ways!
 2 to the fight and to the res - cue came.
 3 gainst the foe, should strive, and should pre - vail;
 4 ve - ry self, and es - sence all - di - vine.
 5 won - der - ful, most sure in all his ways!

The Presentation of Gifts

(At 8:00 a.m.)

All things come of thee, O Lord; and of thine own have we given thee, Amen.

(At 10:00 a.m.) The Doxology

Hymnal 166 verse 6



*6 Praise and hon - or to the Fa - ther, praise and hon - or to the



6 Son, praise and hon - or to the Spi - rit, ev - er



6 Three and ev - er One: one in might and one in



6 glo - ry while e - ter - nal a - ges run.

The Holy Communion

The Great Thanksgiving (*Eucharistic Prayer C*)

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

People *It is right to give him thanks and praise.*

Celebrant

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus (at 8:00 a.m.)

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

+ *Blessed is he who comes in the name of the Lord.*

Hosanna in the highest.

Sanctus (at 10:00 a.m.)

Mass of Communion

Holy, Holy, Holy 

Matt Maher, Tam Le, Ike Ndolo

Ho . ly, Ho . ly, Ho . ly Lord God of Hosts. . .

5 Heaven and earth are full of your glo . ry. Ho . san . na in the high . est. . .

9 Blessed is He who comes in the name of the Lord. Ho . san . na in the high .

12 est. Ho . san . na in the high . est. . .

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

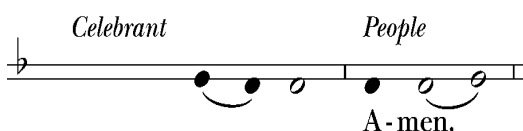
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, *We celebrate his death and resurrection, as we await the day of his coming.*

Lord God of our Fathers and Mothers: God of Abraham and Sarah, Isaac and Rebecca, Jacob, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. || Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.



The people remain standing

The Lord's Prayer

Celebrant And now, praying in the words that Jesus taught us,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread – Agnus Dei (at 8:00 a.m.)

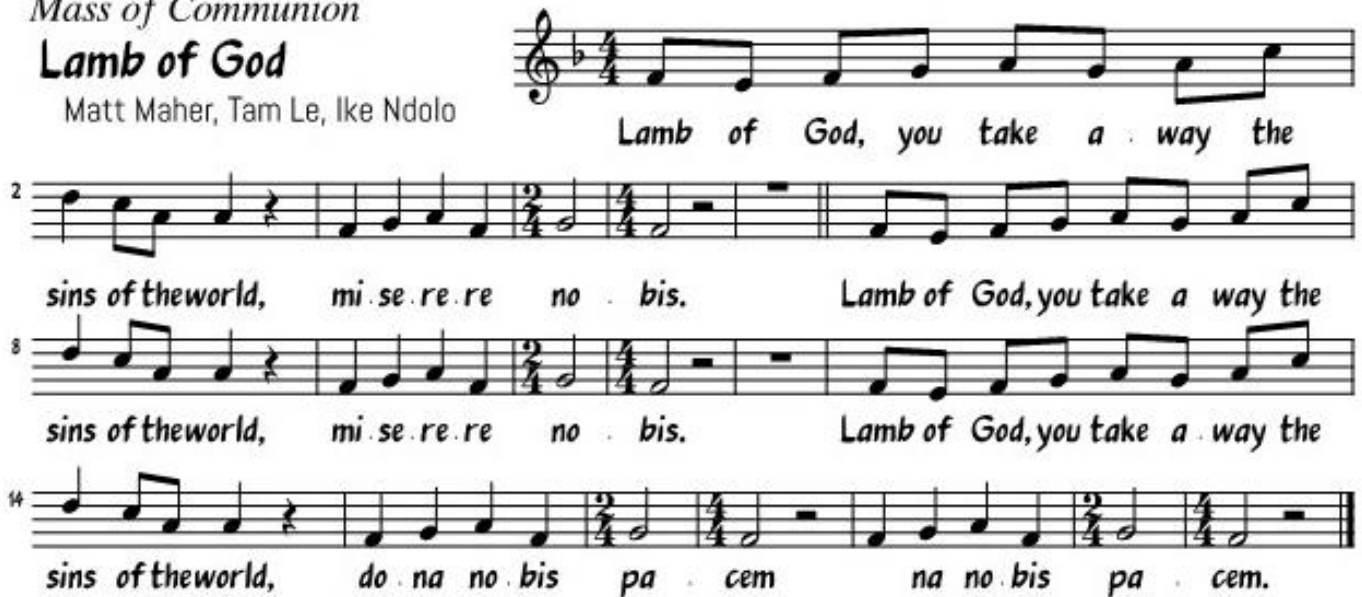
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.

The Breaking of the Bread (at 10:00 a.m.)

Mass of Communion

Lamb of God

Matt Maher, Tam Le, Ike Ndolo



Lamb of God, you take away the
sins of the world, mi se.re.re no bis. Lamb of God, you take away the
sins of the world, mi se.re.re no bis. Lamb of God, you take away the
sins of the world, do na no bis pa cem na no bis pa cem.

Invitation to Communion

Celebrant Behold the Lamb of God, behold him who takes away the sins of the world. *Amen.*



Communion Norms--We welcome our guests this morning. All are welcome at the Lord's table. You may stand or kneel (whichever you prefer). You are invited to eat the wafer and then drink from the cup. We regret that you are not permitted to intinct (dip the wafer) at this time. The people respond after receiving the bread or the wine by saying "Amen." If you prefer not to receive the cup, please cross your arms over your chest. If you do not want to receive communion, you are still welcome to come forward, cross your arms over your chest, and receive a blessing from the priest. Gluten free wafers are available. Please notify Fr. Chris at the Communion Rail.

There— is a balm in Gil-e - ad to make the wound - ed

whole; There— is a balm in Gil-e - ad to heal the sin - sick soul.

Fine

1. Some - times I feel dis - cour - aged, And— think my work's in vain, — But—
 2. If you can - not preach like Pet - er, If you can - not preach like Paul, — You can
 3. Don't— ev - er be dis - cour - aged For— Je - sus is your friend, — And—

1. then the ho - ly spir - it Re - vives my soul a - gain. _____
 2. tell the love of Je - sus, And say He died for all. _____
 3. if you lack for know - ledge, He'll ne'er re - fuse to lend. _____

D.C.

The Post Communion Prayer (Church of England)

Celebrant Let us pray.

Celebrant and People

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.

The Blessing for the Third Sunday of Lent (Episcopal Book of Occasional Services 2022)

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. and the blessing of God Almighty, \dagger the Father, the Son, and the Holy Spirit, be upon you, and remain with you always. *Amen.*

The Announcements



“Its from our church... we’ve been called up for active duty.”

Recessional Hymn

How firm a foundation

Hymnal 495



1 Hail, thou once de - spis - ed Je - sus! Hail, thou Gal - i -
 2 Pas - chal Lamb, by God ap - point - ed, all our sins on
 3 Je - sus, hail! en - throned in glo - ry, there for ev - er
 *4 Wor - ship, hon - or, power, and bless - ing thou art wor - thy



le - an King! Thou didst suf - fer to re - lease us;
 thee were laid: by al - might - y love a - noint - ed,
 to a - bid; all the heaven - ly hosts a - dore thee,
 to re - ceive; high - est prais - es, with - out ceas - ing,



thou didst free sal - va - tion bring. Hail, thou u - ni - ver - sal
 thou hast full a - tone - ment made. All thy peo - ple are for -
 seat - ed at thy Fa - ther's side. There for sin - ners thou art
 right it is for us to give. Help, ye bright an - gel - ic



Sa - vior, bear - er of our sin and shame! By thy mer - it
 giv - en through the vir - tue of thy blood: o - pened is the
 plead - ing: there thou dost our place pre - pare; ev - er for us
 spi - rits, all your no - blest an - thems raise; help to sing our



we find fa - vor: life is giv - en through thy Name
 gate of hea - ven, re - con - ciled are we with God.
 in - ter - ced - ing, till in glo - ry we ap - pear.
 Sa - vior's mer - its, help to chant Em - man - uel's praise!

The Dismissal

LEM Let us go forth in the name of Christ.
People Thanks be to God.

Postlude



BULLETIN INSERTS

March 3, 2024 – Lent 3 (B)

Week 3: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore *Life Transformed: The Way of Love in Lent*, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 3

Sunday, March 3

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 3. The topic is based on the practice "Learn" and is titled, "Learn Wisdom and Live".

Read: Proverbs 8:1-8, 19-21; 9:4b-6

Monday, March 4

Today's Prompt: Intentionally smile at least ten times today.

Read: "Rejoice in the Lord always; again I will say, Rejoice." – Philippians 4:4

Tuesday, March 5

Today's Prompt: How might you connect with others in the spirit of renewal?

Read: "He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind, and after the wind an earthquake, but the Lord was not in the earthquake, and after the earthquake a fire, but the Lord was not in the fire, and after the fire a sound of sheer silence." - 1 Kings 19:11-12

Wednesday, March 6

Today's Prompt: How can you build pauses into the day to reflect on the work of the Spirit?

Read: "I am the vine; you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing." – John 15:5

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Thursday, March 7

Today's Prompt: What relationships do you need to mend?

Read: "Seek the Lord while he may be found; call upon him while he is near; let the wicked forsake their way and the unrighteous their thoughts; let them return to the Lord, that he may have mercy on them, and to our God, for he will abundantly pardon. For my thoughts are not your thoughts, nor are your ways my ways, says the Lord." – Isaiah 55:6-8

Friday, March 8

Today's Prompt: Create a prayer representing how you seek to serve God and follow Jesus.

Read: "People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house." – Matthew 5:15

Saturday, March 9

Today's Prompt: What seminal moments have informed a need to return to Christ?

Read: "Hide your face from my sins and blot out all my iniquities." – Psalm 51:10

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THE WEEK AT A GLANCE

Monday, 03/04

Church Office Closed

Wednesday, 03/06

7:30 p.m. Alanon Meeting (Atwater Room)

Thursday, 03/07

10:00 a.m. Lenten Book Study - **The Third Day**
 11:00 a.m. Holy Eucharist with Prayers for Healing (Fr. Chris' Office)
 12:30 p.m. Threshold Singers (Atwater Room)
 6:00 p.m. Cinema & Soup – The Chosen (Season 1, Episodes 7&8)

Friday, 03/08

7:00 p.m. The Way of the Cross

Saturday, 03/09

9:00 a.m. - 1:00 p.m. Winter Farmer's Market (Parish Hall)

Sunday, - 03/10

Daylight Savings 8:00 a.m. Holy Eucharist in the Church
 Time Begins 9:00 a.m. Coffee Hour in the Parish Hall
 9:15 a.m. Choir Practice
 10:00 a.m. Holy Eucharist in the Church
 10:00 a.m. Sunday School
 11:00 a.m. Coffee Hour in the Parish Hall

8:00 a.m. Participants		Services		In Person	Online
LEM	Carol Jubinski	02/25 Second Sunday in Lent	8 am	20	
Lector	Carol Jubinski	02/25 Second Sunday in Lent	10 am	39	69
Usher	Tom Simson	TOTAL		59	
Altar Guild	Diane Stewart, Virginia Gilmore	02/23 Way of the Cross		8	
Coffee Hour	Diane Stewart	02/29 Bible Study	10 am	11	
10:00 a.m. Participants		02/29 Healing Service	11 am	9	
LEM	Rob Perdock	02/22 Cinema & Movie "The Chosen"	6 pm	8	
Lector	Carol Fitton	Please Pray for Your Parish Every Day at 12:00 Noon. And remember the People of Israel, Palestine, Sudan, Armenia, Ukraine and the United States of America too!			
Ushers	Eric Christensen, Tim Feil				
Altar Guild	Diane Feil, Lee Wadelton				
Coffee Hour	Diane Stewart				
March Birthdays					
Norma-Jeanne Okula	03/01				
John Plate'	03/03				
Hugh Devin Lueck	03/04				
Jacqueline Fritz	03/04				
Nathaniel Reece	03/05				
Carol Jubinski	03/09				
Christopher Towle	03/12				
Lawrence Andria	03/12				
John Andren Jr.	03/16				
Beatrice Tunney	03/20				
Melvin Moss	03/20				
George Kast	03/21				
Theodore Canty	03/21				
Brian Smith	03/23				
Suellen Tunney	03/25				
Margret Canty	03/29				
Gwynne Wolgemuth	03/31				
March Anniversaries					
Kurt & Edie Hofmann	03/03				
Richard & Susan Hawkins	03/22				

The Lenten plants on the Altar are given to the Glory of God by Diane & Tim Feil in honor of her mother, Susan Brevoort's birthday and by Carol Johns in loving memory of her mother, Dorothy Moore Nostrand.

ANNOUNCEMENTS

Walking Group will start Wednesday, March 6th at 5:00 p.m. Please meet at the church.

Laetare Sunday (Fourth Sunday in Lent) You are invited Wear Something Pink/Rose in color to church next Sunday, March 10th. Laetare means "Rejoice." A time to mark being over halfway through Lent.

Covenant Class (Confirmation Class) Will meet once a month starting on March 20th at 6:30 p.m. Anyone interested in being Confirmed or Received into the Episcopal Church, please contact Fr. Chris.

Bocce Ball on Monday evenings June through September. For men and women, no experience necessary. You'll have lots of fun! Please contact Larry Andria at lawaterinc@yahoo.com

Parish Survey - If you are a new member of the church, please fill out the Church Parish Survey. They can be found at the back of the church and on the table outside of the church office.

Our Lenten Study is called The Third Day--TOM BERLIN USES HIS GIFTS OF STORYTELLING AND UNDERSTANDING THE SCRIPTURES TO CONNECT THE READER TO THE EXPERIENCES OF SEVERAL INDIVIDUALS AROUND JESUS IN HIS FINAL DAYS. Books can be purchased from Amazon or from Cokesbury. Our sessions are in person and via zoom

Inclement Weather—Please check our website at www.stmarkswhb.org for weather related cancellations. PLEASE DO NOT come to church if it is unsafe to do so.

Easter Remembrances – Fill Saint Mark's with plants/flowers on Easter Day by making a donation in memory of a loved one or in thanksgiving for a person or an event. Flyers can be found on the table outside of the parish hall.

Covenant Class for those who wish to be Confirmed, Received or to learn more about the Episcopal Church will start in the new year. Contact Fr. Chris if you are interested.

Coffee Hour: Host/hostesses are needed during the month of March. The signup sheet is on the table outside of the parish hall.

Altar Flowers - If you would like to dedicate plants for the Altar contact Laura Bott at 631-722-4749 or email her at Laura.bott17@gmail.com. Two plants are available on March 17. The plants are \$40.00 each. Please remember to contact Laura if you sign up in the book.

Mark Your Calendar:

- March 7** - 6:00 p.m. Cinema and Soup – The Chosen
- March 8** - 7:00 p.m. The Way of the Cross (every Friday during Lent)

We ask that you remember those for whom prayers are requested:

John Andren (Parishioner), **Noah Berger** (Req. by Jenn Kast), **Stan Billie** (Req. by Jenn Kast), **Deana Chiusano** (Req. by Jinny Gilmore), **Abby Connett** (Req. by Nancy Connett), **Marilyn Dorsa** (Req. by Drew Clark), **David Fridae**, **Owen Foster** (Diane & John Stewart's grandson), **Nancy Fraser** (Req. by Ki Nobiletti), **Fred Rees Garcia** (son of Victoria Garcia), **Roberta Good** (Diane Stewart's Sister), **Jason Gordon** (Req. by Kate Gabrielsen), **Elaine Hanes** (Req. by Kate Gabrielsen), **Barbara Ireton** (Req. by Carol Smith), **Gretchen & Jim Jubinski** (Fr. Chris' Parents), **Christina Kouris** (Req. by Sandy Wyman), **Cole LoRusso** (Marj Kulesa's Nephew), **John Martinelli** (Req. by Jinny Gilmore), **Fred Meyer** (Parishioner), **Jock McLean** (Parishioner), **Sean McLean** (Req. by Jock McLean), **Sudie Nostrand** (Carol John's Sister), **Paul Oele** (Parishioner), **Cassie Panzarino** (Req. by Jinny Gilmore), **Michele Parks** (Req. by Marjorie Kulesa), **Joan Petrella** (Parishioner), **John Saladino** (Req. by Victoria Garcia), **Jean Scopinich** (Parishioner), **John Stewart** (Parishioner), **Sarah Witters** (Req. by Victoria Garcia), **Stephen Wyman** (Req. by Sandy Wyman.), **The Most Reverend Michael Curry**, our Presiding Bishop

If there are any names that can be removed, kindly contact Kate in the church office 631-288-2111.

We pray for those serving in the Armed Forces: Amanda E. Degener, Kyle M. Degener, George L. Degener, Jesse Fritz, Nicholas LoRusso, Joshua Rudd, Rob Scribner and James Mercready.



A Parish in the Episcopal Diocese of Long Island

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www.stmarkswhb.org

Sunday Services

Sundays at 8:00 & 10:00 a.m.—Holy Eucharist in the church (Livestreamed)
The first Sunday of each month Healing & Anointing will be included in both services.

Thursday Midweek Service

11:00 AM Holy Eucharist with Prayers for Healing in Fr. Chris' Office

Office Hours

Tuesday—Friday from 9:00 a.m. to 2:00 p.m.

All Members of Saint Mark's are Ministers of the Church!

The Rt. Rev. Lawrence Provenzano—*Bishop of Long Island*

The Rt. Rev. Geralyn Wolf—*Assisting Bishop*

The Rt. Rev. William Franklin—*Assisting Bishop*

The Rt. Rev. Daniel Allotey—*Assisting Bishop*

The Rev. Christopher D. Jubinski—*Rector*

Email: chris.jubinski@stmarkswhb.org Cell: 410.253.3664

Stephen Hunt—*Director of Music*

Kate Gabrielsen—*Parish Administrator*

Chris Adams—*Facilities Manager*

Rosanna Davis—*Director of St. Mark's Bright Beginnings Preschool*

Diane Stewart—*Warden*

Sandy Wyman—*Warden*

Vestry Members:

Steve DeCaro, Diane Feil, Madeline Glover

Tom Hadlock, Tom Horan, Marjorie Kulesa,

Ashley Lueck, Barbara Pettus and Steve Turner.

Thomas Simson—*Treasurer*

Carol Fitton—*Clerk of the Vestry*

